

**RESOURCES FOR LOW-INCOME FAMILIES  
WHO MAY QUALIFY FOR FREE OR REDUCED-COST  
VISION EVALUATIONS**

1. Insurance coverages  
Many insurance companies cover the cost of an eye exam (Blue Cross/Blue Shield, United Health Care, Coventry, Vision Service Plan, Spectera, etc.). Check with the company as to details of vision care coverage.
2. Employer-based options  
Parents with cafeteria plans, Medical Savings Accounts, Health Savings Accounts, or other flexible spending plans through employers can typically use these accounts to pay for vision exams.
3. Medicaid and Kids Connection  
Office visits, eye exams and glasses are covered. Local social service offices have details as to eligibility.
4. SIGHT FOR STUDENTS  
Provides free exam, discounted eyewear for eligible students from participating optometrists. Check website for details: [www.sightforstudents.org](http://www.sightforstudents.org)
5. Lions Clubs of Nebraska  
Clubs located throughout the state provide vision care assistance for needy families. Usually involves referral by teacher, clergy or health professional. Contact local clubs for details.
6. Community health centers and services  
Community health centers and community-based health services throughout the state can provide free eye exams for low income families that qualify, or coordinate the availability of reduced-cost services. Check with local social service agencies for options near you.
7. Discount plans from health care providers  
Many optometrists and other health care providers offer family discounts, package pricing on children's eyewear, and other in-office discounts.
8. Vision USA  
Low income families with working parent and no vision insurance may qualify for free exams from participating optometrists. Call 1-800-766-4466 or check the American Optometric Association website ([www.aoa.org](http://www.aoa.org)) for eligibility guidelines and information about scheduling appointments.